

Item	Quantity	Fair Market Value (Selling Price)
Cardio Equipment		
Woodway Treadmills	3	\$5,000
Cybex Treadmills	3	\$2,000
Stairmaster	2	\$5,000
Elliptical w/ TVs	9	\$2,500
Recumbant Bike	1	\$2,000
Spin Bike	4	\$500
SelectORIZED Cable/Plate Loaded Machines		
Assisted Pull-up/Dip cable machine	1	\$4,000
Misc. Items		
Boxing/Fight Station	1	\$1,250
VO2 Machine	1	\$5,000
Jugle Gym XT Straps	6	\$80
TRX Straps	1	\$150
Huge Fan (Ceiling)	1	\$3,000
Tanning Bed	1	\$1,000
Infrared Sauna	1	\$1,200
Dance Bar	1	\$800
Punching Bags	4	\$50
Steel Plates		\$1 per pound
Power Systems Power Bar/Group Fitness System	1	\$1,250
Metal Plyo Box	2	\$15
45lb Bar	1	\$100
Black Barbell Clamps	1 set	\$40
Lockers (selling in sets of 6)		\$80
Ab Roller	1	\$10
Kettle Bell (45lbs)	1	\$45
Kettle Bell (30lbs)	1	\$30
45lb Plates	12	\$45
25lb Plates	4	\$25

35lb Plates	2	\$35
10lb Plates	12	\$10
5lb Plates	1	\$5
2.5lb Plates	1	\$3
Dumbbells: System/Broken Down		
5-100lb Round "Snap Fitness" DB + Rack	1	\$3,500
Power Systems 15lb 60lbs total at \$.50	4	\$15
Power Systems 12lb	4	\$6.00
Power Systems 10lb	12	\$5
Power System 8lbs (missing 1 DB)	10	\$4
Power System 6lb	14	\$3
Power System 4lb (missing 1 DB)	15	\$2
Power System 2lb	10	\$1
Power System 1lb	8	\$0.50
Dumbbell Rack for Power Systems	1	\$200.00
Power Systems Rack and Weights (All of the PS above)	1	\$450.00
Fieldhouse Items		
Tennis Net	1	\$500
Volleyball Net	2	\$500
Indoor Soccer Goals	2	\$500
Folding Chairs and Rack	1	\$500
Tables	6	\$25
Batting Cages	2	\$750
Batting Cages Track Systems	2	\$750
Motorized Divider Curtain	1	\$2,000
Pitching Machine	1	\$1,500
Hockey Nets	4	\$50
Misc.		
Metal Trash Cans	1	\$10
Husky Black Cabinet	1	\$10
Open Display Mini Fridge	1	\$50

Swiss Balls	4	\$10
Red Foam Roller	1	\$5
Bosu Balls	3	\$50
Water Fountains	1	\$500
Wall Mirrors	3	\$400
Door Access Systems	1	\$2,000
Front Desk	1	\$500
Hockey Nets	4	\$50
Hockey Shooting Platforms	4	\$80
Weightlifting Platforms	4	\$500
Tv Stand and TV	2	\$400
Yoga Mats	7	\$4
Power Hour Systems	1	\$450
Dumbbells: Single Sets		
15 lbs	2	\$15
12lbs	8	\$12
10lbs	10	\$10
3lbs	1	\$3
Note: There are a lot of odds & ends that are for sale as well. We have these items out in a "garage sale" style.		